

2019 Fall Guide to Groups & Places to Grow

Fall brings the opportunity to enter into new opportunities for community, growth, and places to serve. Therefore, we've put together this simple guide to help you navigate through the many opportunities available through our church. Additional information is available online at cedarmill.church and, of course, we are always glad to respond to your calls 503.644.3156 or email lkelly@cmbc.org, if you have questions or need additional help.

Quick Reference

	Date	Registration Begins	How to Register
<i>Places to Connect (groups)</i>			
Alpha	Sept 9- Nov 4	August 1	Online or in lobby
Rooted	Sept 8- Nov 17	August 1	Online or in lobby
Community Groups	Oct- Dec	Sept 8	Online or in lobby
Women of the Word	Sept 17- May 12	Aug 25	Online or in the lobby
Precepts (Women)	Sept 11- May 27	July through Mid-Aug	Contact Diane (gumbroker@gmail.com)
Men's Six Week Series	Oct- Nov	TBD	
Wellspring (Women's Six Week Series)	Oct- Nov	Sept 15	
<i>Places to Grow</i>			
Tools for Spiritual Living	Sept- Dec		No registration required
<i>Places to Serve</i>	<i>To find out more about specific ministries and who to contact about serving, visit our website and go to "Serve" or pick up a brochure at our Welcome Center in the lobby.</i>		

Places to Connect- (Groups)

Getting Started

Alpha

Alpha is a series of interactive sessions that freely explore life and the basics of the Christian faith in a friendly, open and informal environment. It is for anyone who is curious about Faith, Jesus and Christianity. Whether you're just checking it out, new to faith, or coming back to church, you are invited. All questions are welcome, and you are free to discuss as much or as little as you wish. Each session of this nine-week course includes food, a short talk, and a discussion at the end where you can share your thoughts. At any point, if you think Alpha isn't for you, that's not a problem. There is no pressure with Alpha.

Rooted

Are you new to Cedar Mill or looking for a place to grow as a follower of Jesus? Rooted provides the opportunity to connect with God, the church community and your purpose in unexpected and life-changing ways over the course of 11 weeks. Whether you have been following Jesus for years, or you are new to following Jesus, this is the perfect place to jump in!

Growing On

Community Groups

Community Groups are about sharing life together. They also provide one of our primary paths for spiritual growth and how we share what God is doing in our lives. All our groups are unique as some gather around the table, others go over specific topics, while others take opportunities to serve together. We also have co-ed, men's, and women's groups. Every group is committed to each other, the Scriptures, prayer, and encouraging a lifestyle of following Jesus. For a current list of groups with room to grow, visit <http://cedarmill.church/connect/community-groups>

Women of the Word

Be part of WOW Community Groups as we grow together through fellowship and the Spirit's work of heart transformation in becoming more like Christ. We will study the second half of the Gospel of John on Tuesdays from 9-11 AM at CMBC. ABC Kids is a Bible program for younger children not yet in school and whose moms are in WOW. For more information, contact Mary Anne Firstman.

Precepts

This Bible study is for women of all ages, with a focus on studying God's Word, but includes prayer, fellowship and spiritual direction. For more information, contact Diane Strong.

Men's/Women's Six Week Series

This Fall we plan to offer a special series for women called Wellspring and another series for men as a place to grow and build new relationships. It is especially intended for those who weren't able to join Alpha, Rooted, or a Community Group. Topics and format are still under construction so be on the lookout for more information in September.

Places to Grow

Tools for Spiritual Living (TSL)

TSL offers a series of stand-alone experiences on Sunday mornings at 9:00 a.m. in P101. These are intended to provide “tools” or practices for individuals or groups to use in their own efforts to know God and self.

Other Places to Serve, Connect, and Grow

For a complete listing, visit cedarmill.church

Groups/Ministries

-The Studio-Cup of Hope-Belong-Breath of Life-Men's Interest Groups-Young Adults-Ambassadors(seniors)-Youth

Serving Teams

First Impressions: Greeters, Welcome Center, Cafe', Ushers, Connecting-Rooted-Children-Youth-Young Adults-Men-Women-Seniors-Childcare-Creative Arts-Hands in Service-Visitation-Transportation-Communion-Pew Stocking-Prayer-Medical-Safety-Music-Tech: sound, production, lighting, multimedia, set design-Hands in Service-Facilities-Local Outreach: homeless, Jesus Table, Cedar Mill Refuge, International Students, Prison Ministries, Road to Hope Maternity Home, Family Promise, Vulnerable Child, The Studio, Alpha-Global Outreach: Barnabas Teams, Short-Term Missions, Guatemala,

Care Ministries

Celebrate Recover-Mending the Soul-Soul Care-GriefShare-423 Communities