



Discussion Questions  
Moses: Learning to Trust, Finding Deliverance  
Week Seven

Read **Exodus 3:17-18, 16:1**

- What does the wilderness represent in the Scriptures?
- Share about a time when you had a wilderness experience.

Read **Exodus 16:2-4**

- What is God hoping to accomplish by leading his people through the wilderness?
- Have you ever been tested/healed/trained through a wilderness experience?

Read **Exodus 16:5-12**

- Define the word "grumbling."
- Why do you think God stands so firmly against grumbling?
- What do you tend to grumble about?

Read **1 Thessalonians 5:16-18, Romans 5:3-5, 2 Corinthians 4:17**

- What do these verses teach us about how we combat grumbling?

Read **Exodus 16:13-21**

- How do you think life in Egypt trained the Israelites to be self-reliant?
- How does this new rhythm of gathering manna heal and retrain the Israelites?
- How do this story's lessons connect to Jesus's instruction for us to pray, "Give us this day our daily bread?"

Read **Exodus 16:22-30**

- How does the practice of rest build and display a dependence on God?

Read **Exodus 16:31-36**

- Why do you think God wants his people to remember the 40 years of manna in the desert?
- Do you remember a story of God's faithfulness in your life?

In **Deuteronomy 8**, Moses says that God used the manna to teach us *"that man does not live on bread alone but on every word that comes from the mouth of the Lord."* Jesus uses this same language when he is tempted in the wilderness for 40 days.

- Has there been a time when you have turned to the word of God to strengthen you, nourish you, and give you energy for a challenge you were facing?